



Johnson County Bicycle Club

Chain Chatter

www.jcbikeclub.org

Jan—Feb 2010

ATTEND JCBC'S 2010 ANNUAL BANQUET

**Saturday, Feb. 20, 2010
6:30 PM**

**75 Cafe
Shawnee, KS**

Details and Registration Info. On Pages 5 and 6

Join fellow cyclists and JCBC members at the JCBC's Annual Banquet. The Banquet is a nice time to meet other cyclists and catch up with friends you haven't ridden with recently. Our new venue, 75 Café is known for fine food. As they lack a liquor license, guests may bring beverages of their choice; soft-drinks will be provided. There will prizes given away and raffled. We have two guest speakers: local year-round bicycle commuters Noah Dunker and Keith Gates will share their wisdom and humor.

Get Involved

Business will be combined with pleasure at the Banquet. JCBC's Annual Meeting is the occasion on which the new board of directors is elected each year. All JCBC members are eligible to vote and are encouraged to attend. This is your opportunity to have a say in the leadership of your club and meet the board of directors. This year we have more available positions on the Board than nominees to fill them. If you are interested in taking a leadership role in the JCBC, we could use your help. Please contact a board member for more information about joining the board.

Board members will give reports of the club's activities over the last year and discuss opportunities and challenges that lie before the JCBC in 2010. The Banquet is a great place to learn what the JCBC does. It is also the place to learn how to get involved in planning and running of club events this year.

Come join us at the Banquet for a great meal and a good time. Get involved with your bike club.

JCBC Board Meetings:

The JCBC Board Meetings are usually held at 7:00 PM on the 2nd Wednesday of each month at:

Community America
Credit Union
5601 95th St.
Overland Park, KS

Members are welcome to attend. Please contact a board member to confirm meeting time and location.

Next Meeting: Feb 10

2009 JCBC Officers & Board of Directors

President	Maggi Hacker	913-498-3689	president@jcbikeclub.org
Vice President	Ken Cobb	913-548-6717	vicepresident@jcbikeclub.org
Secretary	Jan Hudzicki	913-432-0677	secretary@jcbikeclub.org
Treasurer	Kent Fulton	913-236-7223	treasurer@jcbikeclub.org
Advocacy	Doug Polson		advocacy@jcbikeclub.org
Marketing	Fred Wohlgemuth	913-385-9438	marketing@jcbikeclub.org
Membership	Jim Coggins	816-721-6524	membership@jcbikeclub.org
Newsletter	Mauy Brown	816-561-9258	chainchatter@jcbikeclub.org
Webmaster	Jim Coggins	816-721-6524	webmaster@jcbikeclub.org
Board Member	Elise Hickman		
Board Member	Doug Stone		

JCBC members: to receive a printed newsletter in the mail or to notify us of an address change, please email us at: membership@jcbikeclub.org

Or write us at: **JCBC, P.O. Box 2203, Shawnee Mission, KS 66201-2203.**

Newsletter contributions are welcome and may be sent to chainchatter@jcbikeclub.org. Please type "JCBC Newsletter..." in subject line. Newsletter Deadline is the 20th of each month.

Volunteers Needed for JCBC Board of Directors

And 2010 Events

There are more Board positions than volunteers to fill them this year. Some current board members are planning to work multiple positions as a result. We are particularly in need of a webmaster and someone to be our membership director. If you are a member of the JCBC and are interested in taking a leadership role in your bike club, your help is needed. Please contact a current board member for more information on joining the board.

The JCBC hosts several rides and events every year. We currently have tentative dates for our three big rides:

The Spring Classic (Saturday, April 24)

The Lone Star Century (Sunday, June 6th)

And the Cider Mill Century (Sunday, August 1)

However, we do not yet have volunteer ride leaders for these events. If you would like to help organize one of our annual rides, please speak with a board member ASAP.

Without volunteers, some of these rides **Will Not Happen** this year. Our club is run by volunteers and it is a responsibility of members to help out with club events. Please plan to volunteer for at least one JCBC event each year. If everyone helps out a little, nobody will have to do too much and we can continue to put on several exciting rides and other events as we have in years past.

JCBC Monthly Board of Directors Meeting Summation

by Jan Hudzicki, JCBC Secretary

To better inform our members of the work being done by the elected Officers and Board of Directors, a brief summary of the monthly Board of Directors meetings is published in each newsletter. The Board feels that the membership should be aware of the decisions being made for the club, and the activities of the elected officers. We hope that this will encourage more members to take an active interest in the workings of the JCBC. These monthly meetings are open to all members and everyone is invited to attend.

Summary Report of Business Conducted at the November 11, 2009 JCBC Board Meeting

Members Present were Ken Cobb, Jan Hudzicki, Doug Polson, Elise Hickman, Maury Brown, and Kent Fulton. Ron Puett, a member, was also present.

The minutes of the October meeting were approved with one correction. The Treasurer's Report was presented and accepted.

Ron Puett came to talk to us about the 2010 KCBC ride dates. He provided a list of KCBC rides and other rides where they have committed their equipment so we could set our dates without having conflicts between the two clubs. Ron's input was appreciated as JCBC needed this information in order to set our 2010 ride dates.

The October/November edition of the newsletter is now available.

Doug Polson, Advocacy Chair, wants to use more of the League of American Bicyclists advocacy material and take advantage of their other service to promote bicycling in Kansas City. LAB has a Club Leadership program that we should take advantage of and send someone to this event in order to improve JCBC leadership. He feels we should also send someone to the Annual Bike Summit held in March 2010 in Washington DC.

We are still searching for a location for our Annual banquet. Ken Cobb checked out one location, but feels it isn't the best choice. He will continue to investigate this so we can set a date for the banquet at our next meeting.

On ongoing discussion regarding the pricing of the Family membership option was resolved this meeting. It was decided to increase the cost by \$5, from \$25 to \$30. This change will go into effect at the beginning of the next membership year, which will be May 1, 2010.

The discussion regarding the annual JCBC donations was lead by Elise. She had solicited input from the membership regarding where members feel we should donate our money this year. A list of organizations was reviewed as well as a list of who we donated to last year and the amounts. Final decisions will be made in December once we know how much we actually have available to donate this year.

Vacant Board members positions for 2010 include secretary, vice-president, and at least two at large members. Some contacts have been made but more need to be made. Additional recruitment will be done over the next month and a push will be made at the banquet to recruit new board members.

JCBC will provide support for the reopening of W. 83rd Street in DeSoto to bicyclists. There is a Facebook page for comments and we will make a statement in person at the City Council meeting in support of this reopening. Emails in support of this will also be forwarded to the DeSoto City Council.

Tentative Dates for JCBC 2010 Rides were set. They are: Spring Classic – Saturday, April 24; Lone Star – Saturday, May 22; Cider Mill – August 1.

There being no further business the meeting was adjourned.

Summary Report of Business Conducted at the December 9, 2009 JCBC Board Meeting

Members Present: Maggi Hacker, Ken Cobb, Kent Fulton, Jim Coggins, Maury Brown, Jan Hudzicki, Doug Stone, Doug Polson, Elise Hickman. Fred Wohlgemuth.

This meeting was held to determine the distribution of funds for the annual donations. The JCBC Board elected to donate to the following organizations this year:

HAM radio operators
Headstrong for Jake
Revolve
Special Olympics
Kan Bike Walk
MoBikeFed

Kent reported that the club actual had income exceeding expenses for November, due to several memberships coming in and very minimal expenses.

It was also decided the Doug Polson should attend the annual Bike Summit meeting in Washington D.C. this spring sponsored by the League of American Bicyclist. The club will pay for his transportation and lodging to attend this event.

Summary Report of Business Conducted at the January 13, 2010 JCBC Board Meeting

Officers and Directors present included: Maggi Hacker, Doug Stone. Ken Cobb, Fred Wohlgemuth, Elise Hickman, Jan Hudzicki, Kent Fulton, and Maury Brown.

Minutes were approved as written and the Treasurer's report was given and accepted by the Board. All of the end of year donations were distributed by Kent and the organizations receiving this money have been most appreciative. The Slate of Nominations for the 2010 Board of Directors was finalized as follows:

Officers	At-Large
President: Ken Cobb	Maggi Hacker
VP: Maury Brown	Jim Coggins
Secretary: Elise Hickman	Doug Polson
Treasurer: Kent Fulton	Fred Wohlgemuth
	Doug Stone

We have room on the Board for more Directors and the board was instructed to continue to solicit volunteers to serve on the Board of Directors. The Slate of Nominations will be sent out in the next newsletter to the membership.

The Annual Banquet and Business Meeting will be held on February 20, 2010 at 75 Café, located at 75th and Quivera. The food is very good and we have selected a sit-down plated dinner. We will have the entire restaurant, and the event will be BYOB. The cost of the banquet will be \$25 per person. Prizes will be raffled off with each participant able to drop their tickets into a basket in front of each individual prize so they can try to win prizes that they may actually want or need.

Ken Cobb will be the MC and we will have Noah Dunker and Keith Gates as the speakers. These two men are year round commuters and they have a wealth of information, presented with a sense of humor about their commuting experiences.

There will also be a short business meeting to elect the board members, and talk about some of the goals of the club for the upcoming year.

There being no further business, the meeting was adjourned.



**Johnson County Bicycle Club's
Annual Banquet
Saturday, Feb 20th, 2010**

75 CAFE

**Social hour begins at 6:30pm. 7:00 we eat!
Door prizes and raffles will be held after the meal.
75 Café co-owner Jeff Roith, JCBC Member**

Join all your Johnson County Bicycling friends for an evening of food, fun, and fellowship. Dinner will be a plated gourmet meal including salad, choice of beef or chicken, 2 sides and dessert.

Soft drinks provided, bring your own cocktails or wine. (No liquor license)

**75 CAFÉ - 7425 Quivira Rd
Shawnee, KS 66216**

If you have questions about the event, email or call:

Ken Cobb
816-522-1504
raleighroader@yahoo.com

\$25.00 per person

Fill out the registration form below and mail to:

JCBC Banquet
5954 Woodson, Apt 208
Mission, KS 66202
(Postmark no later than Mon, February 15th).

Make checks out to JCBC.

Or register online. Go to Active.com and search for JCBC Banquet 2010 (ends Thurs, Feb 18th @ midnight) (each attendee must register separately)

Detach here and mail

Your name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Number attending: _____ x \$20.00 = \$ _____ (please enclose check)

Email: _____ CHOOSE ONE/RESERVATION: Beef _____ or Chicken _____

SEE NEXT PAGE FOR MORE INFO

Vote on our 2010 officers & directors

The Johnson County Bicycle Club needs **YOU!** About this time each year the JCBC Board of Directors prepares a ballot (see below) for the annual banquet in which our membership votes for another round of board members for the next calendar year.

Right now, our nominating committee is campaigning hard to find those who might be interested in joining the board. We hope that person will be you! JCBC's board consists of like-minded individuals who share a passion for our cycling community and a commitment to its future. While we appreciate the loyalty of our existing board members, who sometimes choose to run for multiple terms, it is just as important to make room for new faces and ideas.

Have you ever attended one of our pay rides and thought you could run it better? Have you ever read an article about a cycling advocacy issue you felt needed a greater, more passionate voice? If you think of yourself as a critical thinker and often find yourself in leadership roles wherever you go, you will definitely enjoy being on the board!

And you don't have to be "great" to join. Board participation comes in many forms, large and small. That's why we also have At-Large positions that allow you to ease your way in. These board members contribute by exploiting their specific (sometimes professional) skills or talents in things like journalism, computer/website management, communications, product production, marketing... there's no limit to what you can contribute or achieve! Community service looks good on any resume!

Don't sit on the sidelines another year! The time to give back for all that you've enjoyed from the club is **NOW!**

The sample 2010 ballot below shows the names of people nominated by the Board for officer and at-large positions. After the election the board will determine which at-large board members will fill which non-officer positions. We currently have positions without nominees for the 2010 Board and are particularly in need of a webmaster and a membership director. To have your name printed on the ballot, please contact **Ken Cobb at (816)522-1504 or raleighroadr@yahoo.com** no later than February 10, 2010. At the banquet, members may vote for candidates on the ballot or write-in candidates not on the ballot.

For more information on any board position, please feel free to contact any of our board members who currently hold that position - go to our website at www.jcbikeclub.org and click CONTACT US on the top menu.

Official ballots will be available at the banquet. You must be present to vote. If you chose not to purchase a dinner at the banquet, but still wish to cast your vote, please see the people at the ticket booth between 6-6:30pm to get your ballot. Please bring your JCBC ID card to prove your membership, because only members can vote!

See you there!

SAMPLE BALLOT

<u>Board Position</u>	<u>Place your votes by writing names in the blanks below</u>	<u>Board's Nominee</u>
President:	_____	----- Ken Cobb
Vice Pres:	_____	----- Maury Brown
Treasurer:	_____	----- Kent Fulton
Secretary:	_____	----- Elise Hickman
At Large:	_____	----- Jim Coggins
At Large:	_____	----- Fred Wohlgemugh
At Large:	_____	----- Maggi Hacker
At Large:	_____	----- Doug Stone
At Large:	_____	----- Doug Polson
At Large:	_____	
At Large:	_____	
At Large:	_____	

We currently have positions without nominees on the ballot. If you would like to be part of the leadership of the JCBC, your help is needed. We are in particular need of a qualified webmaster and a membership director.

Studded Tire Update

By Maury Brown

For several years I have been accustomed to riding through our generally mild winters as long as the roads were not slick or covered with ice. There were many occasions though when I lacked the capability to easily make it through the unplowed streets of my own Kansas City, MO neighborhood on my way to the better maintained roads of Johnson County, or when I wanted extra peace of mind while riding in conditions where I might encounter ice. Road ice is no joke. I have gone down on ice before, on road bikes, and on mountain bikes. No matter how wide the tire or how big the tread, the effect is the same: you go down instantly, and without warning. There is no time to put a foot out to break the fall. I have gone down hard while creeping through a turn at less than five miles per hour. I have slid on my side completely across an intersection that was shaded by a building and was covered with ice despite the temperature being in the high 30's and the roads being otherwise dry. So when I became aware of high quality studded bike tires, I was intrigued by the possibility of being able to safely ride in conditions that would otherwise keep me inside or force me to walk through icy sections of road.

Last winter I purchased a set of 700X35C Schwalbe Marathon Winter studded tires for an old road bike that I built up as a dedicated winter bike. I put a little over 100 miles on the bike, was generally impressed with the performance of the tires, and wrote of my experiences in this newsletter. This winter I was very thankful to have my winter bike ready to go when we got hit with severe weather in December. With over 300 miles on my studded tires this season, I now have a better sense of how they perform in different situations.

I am happy to report that they are amazing on ice. I take corners pretty slow on ice, as I don't intend to test the limits of the tires. However, I have never had the slightest problem accelerating, braking, or cornering on ice. I have achieved the ability to ride with confidence on icy roads — so long as conditions are not so bad that cars are sliding around.

More challenging is the ability to ride in deep snow. Unplowed streets and snow drifts are more difficult to handle than ice. For riding through snowy areas, I slow down, put the bike in a low gear, and try to maintain at least 7 miles per hour or so when negotiating snowy ruts. Going too slowly through ruts will result in having to put a foot down. In snowy areas, unplowed streets, and deep slush, I didn't find that the studs were of much help. I have never wiped out in the snow; snow is not as treacherous as ice and a rider will generally be going slow and have time to put a foot down. Bigger tread probably would have been better for snow traction, and studded tires with more aggressive tread than mine are available, but they are heavier and have more rolling resistance. My primary reason for riding studded tires is security in icy conditions.

As road conditions are quite variable in our area, during the course of a ride I often find myself on streets where the studs are unnecessary. It is more work spin studded tires, but it's also a great work-out and far better than the trainer. I have ridden as far as 45 miles on the studded tires and managed to keep up with a moderately-paced group (those without studded tires tend to not ride as much in the winter, and are not in great shape). Of course when bad roads are encountered on the group ride, it is the riders without studded tires who are walking their bikes and then struggling to catch up.

While great on ice, studded tires are heavy and have a lot of rolling resistance. Generally, you will not want to ride them unless you need them. For this reason, it is best to have a second wheel set so the studded tires can be easily swapped out, or better yet, a dedicated studded tire bike, at least for the winter months. The very narrowest studded tires that I am aware of are 700X32C. You won't be putting these on a racing bike. My bike is a 1970's road bike with center-pull brakes and has clearance for the 35C tires and full-length fenders (an accessory you and those who ride with you will greatly appreciate in winter conditions). Touring bikes, hybrids, cross bikes, and mountain bikes can also be fitted with studded tires.

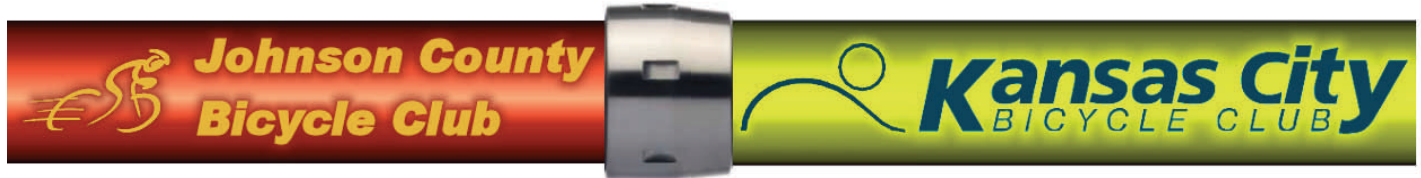
There are different models of studded tires designed for different riding conditions. Mine do not have a very aggressive tread but do have a lot of studs (240 per tire, to be exact) and are designed for riding on plowed, but icy streets. Others are designed for riding off-road or in deeper icy ruts, and on unplowed roads. Not many retailers offer a large selection of studded tires. I bought my through Peter White Cycles peterwhitecycles.com in New Hampshire. They offer a large selection and have good descriptions and recommendations on their website.

Hopefully more riders will discover studded bike tires and enjoy year-round outdoor cycling.

Local Bike Shops

<u>Shop</u>	<u>Phone Number</u>
Acme Bicycle Company	816-221-2045
Bicycle Shack	816-761-3233
Bike America—Lee's Summit	816-524-1819
Bike America—Olathe	913-7804500
Bike America—Overland Park	913-381-5431
Bike Source	913-451-1515
Bike Stop—Blue Springs	816-224-8588
Bike Stop—Kansas City	816-353-8448
Biscari Brothers Bicycles—Liberty	816-792-8877
Biscari Brothers Bicycles—Kansas City	816-231-1331
Epic Bike and Sport	816-382-3100
Family Bicycles	816-268-1757
Harry's Bike & Pipe Shop	913-321-3161
Leawood Bicycles	816-942-4442
Midwest Cyclery	816-931-4653
Pace Bicycle Haven	816-461-7433
Peddlers Cycling and Fitness	816-254-6855
Precision Tandems	913-962-8866
River Market Cyclery	816-842-BIKE
The Wheel Cyclery	816-455-2453
Trek Bicycle Store of Kansas City	913-631-6800
Turner's Cycling & Fitness	913-381-6800
Volker Bicycles	816-756-5510
Waldo Bike Shop	816-333-6595

Check Out the Joint JCBC/KCBC Ride Calendar



View the interactive calendar by visiting the JCBC website at www.jcbikeclub.org.
Click the Ride Calendar button at the top of the page.

Or just click here <http://freecal.brownbearsww.com/jcbcrides>

To post your ride on the calendar, email: webmaster@jcbikeclub.org

Please note that the information listed on the calendar may change at any time.

The information on this calendar is only as accurate as the information that has been given to JCBC

Johnson County Bike Club Membership Application for 2010

Join the JCBC and support cycling - Membership good until **April 30th, 2011**

Name(s): _____ Age: _____

Address: _____ City, St, ZIP: _____

Telephone (H) _____ (W) _____ E-Mail: _____

If this is a family membership, please list other members at this address.

Name(s): _____ Age: _____

Name(s): _____ Age: _____

New Member Renewal Address Change Notification

I would love to volunteer once this year to assist with a ride or other activity.

Annual Membership Fees:

Please do not publish my name in the annual club member directory.

\$20 Individual

Please send a paper newsletter

\$25 Family

I, the undersigned (a parent for members under 18), accept that cycling is a hazardous activity and I accept all risks associated with participation in the Johnson County Bicycle Club and its events and activities. I agree that in the event of a mishap during a ride or activity, I will not hold the JCBC, its members or officers responsible for any injury, loss or inconvenience.

Signed: _____ Date: _____

Make check payable to JCBC and send this form to:

JCBC, PO Box 2203, Shawnee Mission, KS 66201

Sign up is also available online at Active.com. Search for JCBC